

Urban Shore Fishing

Access for all....

by Tom Duffy



100 Acre Cove - The Bird Sanctuary

Barrington, Rhode Island

100-Acre Cove is a beautiful sanctuary with many nature trails, loaded with sights of birds, waterfowl, and other animals. As you come out to the river from one of these trails you will see one of the most pristine estuaries in Rhode Island which is one of the few around that has not been raped by industry.



Even on a day of slow fishing it's a beautiful place to take in. It's my favorite spot in the area due to easy parking, decent fishing in spring, and the other wildlife to enjoy.

It's hardly ever crowded, even during peak fishing time in May-June, and I can't think of a better place for a novice paddler to come and hone their fishing skills from the yak. Even a canoe is welcomed in the gentle Barrington River as it spreads out into the cove.

I do hesitate bringing young children (unless you just want to enjoy the nature trails) because to get to the decent spots with current close by, some eelgrass trekking is necessary.

There are many ruts and creeks so bring a wading stick if you are a bit unsteady on your feet. I find that low tide will reveal the holes, creeks and tricky areas.

Once you get to a spot on the bank though, it usually has a good sandy bottom. Although cleats are not needed, I suggest first timers to come at dead low tide to see the terrain and fish the incoming. Non-waders should bring some decent boots to wear as in most brackish water areas it's a bit muddy and wet. The fly-fishing here can be excellent all year, but it slows down

pretty quickly once the hot summer months arrive.

Directions:

Take 195 to rte 114 into Barrington. You will see the River on your left. Drive in one of the turn rounds and pick one of several small parking areas on the right. Pick a trail and start exploring.

At the time of this writing all the parking areas are open to the public.

INFOMATION TO NOTE

| | |
|--------------------|----------------------------|
| GPS... | 41°45.773"N 71°19.260"W |
| Parking... | Excellent |
| 24 Hour access... | Yes |
| Canoe/Kayak use... | Yes |
| Fly Fishing... | Yes |
| Busy spot... | Moderate |
| Kid friendly... | Low tide |
| Wading... | Yes |
| Cleats Needed... | No |



- MAINTENANCE, REPAIR & STORAGE
- EXTENSIVE FULLY STOCKED PARTS DEPT.
- FACTORY CERTIFIED TECHNICIANS



401-245-5090

17 Barton Ave., Barrington, RI 02806
office@stanleysboatyard.com
service@stanleysboatyard.com

visit us at www.stanleysboatyard.com
for a complete list services

FLYCASTING
INSTRUCTOR



Skinny Water Charters

Fly Fishing & Light Tackle Guide Service • Newport, RI

Captain Jim Barr

401.465.8751

www.SkinnyWaterChartersRI.com

info@SkinnyWaterChartersRI.com