

New Member
Welcome Committee

Capt. Ed Kearney, Chairman



The purpose of the Welcome Committee is to contact new members, welcome them to the Association and answer any questions they may have about RISAA and its activities.

**Welcome new members
who joined last month!**

Paul Chmura
Saunderstown, RI

Capt. Charles Jenison
South Attleboro, MA

Michael Farias
Warwick, RI

Daniel Walter
Narragansett, RI

**There are no strangers in RISAA
ONLY FRIENDS you haven't met yet**

**The Welcome Committee
is looking for a few RISAA members
to help us contact new members**

Committee members take turns calling new RISAA members to welcome them to the club and answer any questions they may have.

Committee members who attend the monthly seminars will greet anyone arriving for his/her first meeting and then show him/her around and answer questions about RISAA.

Are you interested in giving it a try?

If so, **contact Chairman Ed Kearney** and he can explain more about the committee. Call 401-397-4513 or by email at kearney@risaa.org

Share the Wealth!
**BRING A FRIEND
TO THE NEXT
MEETING.**



**RISAA members can bring a first-time guest
to the next monthly seminar at no charge**



**Cooking Your
Catch**

by
Sandie Gelineau



**Quick
Oven-Fried
Fish**



INGREDIENTS

- 1 cup sour cream
- 1 package dry onion soup mix
- 1 cup dry bread crumbs
- 2 tablespoons freshly grated Parmesan cheese
- 1 tablespoon chopped flat-leaf parsley
- 1/4 teaspoon paprika
- 4 pounds sole fillets
- 1/4 cup vegetable oil

DIRECTIONS

- Preheat oven to 500°F
 - In a bowl or flat pan blend sour cream and soup mix.
 - In another bowl combine bread crumbs, Parmesan cheese, parsley and paprika.
 - Wash and dry fillets. Dip sole fillets in the sour cream mixture and then cover with the bread crumb mixture.
 - Arrange single layer style in a 13-inch by 9-inch pan and drizzle oil on top.
 - Bake for 5 to 8 minutes on each side. Carefully turning fish over without breaking.
- Serving Suggestion: Serve with tartar sauce.

**Got a recipe to share or request for a certain recipe?
Contact Sandie at sandie@risaa.org**

NEWSLETTER DEADLINES

Articles and submissions for the RISAA newsletter must be received by the 15th for the next month's publication. Items received after this date will be held until the following month.



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