

New Member  
**Welcome Committee**

**Capt. Ed Kearney, Chairman**



*The purpose of the Welcome Committee is to contact new members, welcome them to the Association and answer any questions they may have about RISAA and its activities.*

**Welcome new members  
 who joined last month!**

**Nathan Andrews**  
 Pawcatuck, CT

**John Graydon**  
 Warwick, RI

**Paul Browne**  
 Exeter, RI

**Henry Haczynski**  
 Gloucester, RI

**Wesley Devonis**  
 Central Falls, RI

**William Miller**  
 Charlestown, RI

**Joseph Federici**  
 Warwick, RI

**Sheila Viel**  
 Charlton, MA

**Hak Fleming**  
 Auburn, MA

**YOUR NAME**  
 Should be here

**There are no strangers in RISAA  
 ONLY FRIENDS you haven't met yet**

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**Capt. Rene Letourneau**

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**Cooking Your  
 Catch**

by  
**Sandie Gelineau**



Since this is the month that members are catching plenty of summer flounder (fluke), this recipe is appropriate

**Fluke  
 Lasagna**



**INGREDIENTS**

- 2 pounds flounder fillets, more or less is fine
- lemon juice to taste
- 1 8oz can of lump crab meat
- 1/4 cup butter, melted
- Salt and pepper to taste
- Ritz crackers, crushed
- 9 x 9 baking dish or larger depending on the amount of fish

**DIRECTIONS**

- Layer the fillets on the bottom of the pan, cutting if necessary, so they don't overlap each other.
- Apply lemon, salt and pepper to taste.
- Sprinkle Ritz crackers and crab meat on top.
- Pour 1/2 the melted butter over the cracker and crab mixture.
- Place another layer of fish, lemon, salt and pepper to taste.
- Pour the remaining melted butter over the cracker and crab.
- Continue with more layers or complete it with two. You can build it to three layers in a 9 x 12 pan.
- Bake at 325° for 25-30 minutes

Got a recipe to share or request for a certain recipe?  
 Contact Sandie at [sandie@risaa.org](mailto:sandie@risaa.org)



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